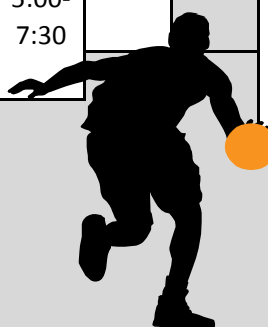


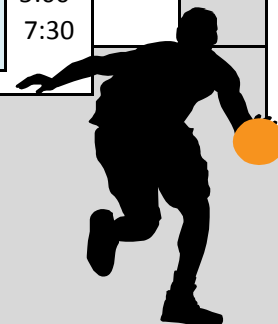


NBRC Gym Schedule

FEBRUARY

2/4/2015

						2/21: Gym closes @12:30pm for Dance Setup				
	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:45		Open Gym 6:00-7:30	Open Gym 6:00-8:45	Open Gym 6:00-7:30	Open Gym 6:30-8:30			
6:30am										
7:00am										
7:30am	Drop-in Fit For Life 7:30-8:30			Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30		Open Gym 7:30-8:30		
8:00am	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30		Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Open Gym 8:30-10:30	Drop-in GPW 8:30-9:30	Drop-in CoEd Volleyball 8:30-12:30		
8:30am										
9:00am										
9:30am										
10:00am	Drop-in Fit For Life 10:30-11:30	Open Gym 10:30-1:00		Drop-in Fit For Life 10:30-11:30	Open Gym 10:30-1:00	Drop-in Fit For Life 10:30-11:30	Gonzo 9:30-12:00 not			
10:30am										
11:00am										
11:30am	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30		Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 9:30-3:00			
12:00pm										
12:30pm										
1:00pm	Open Gym 1:30-2:30	Drop-in Youth Bball 2:30-5:00		Open Gym 1:30-4:00	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Basketball 2:30-5:00	Open Gym 9:30-3:00			
1:30pm										
2:00pm										
2:30pm	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Bball 2:30-5:00	Gonzo 2:30-5:00	Open Gym 1:30-4:00	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Basketball 2:30-5:00	Gonzo 3:00-4:30 not	Open Gym 12:30-8:00		
3:00pm										
3:30pm										
4:00pm										
4:30pm	Setup	GPW 5:15-6:00		Setup	Open Gym	BAC Vball 5:15-7:15	Open Gym 5:00-7:30			
5:00pm										
5:30pm										
5:30pm	Drop-in HIIT 5:30-6:15	5:15-6:00		Drop-in HIIT 5:30-6:15	GPW 5:30-6:15		Open Gym 4:30-3:00			
6:00pm	Takedown	Womens Workout 6:00-7:00		Takedown	Wmns Wrkout 6:00-7:00					
6:30pm	Open Gym			Open Gym						
7:00pm	Kickball 7:00-9:30 ends 2/9	Vball Mtng 7:00-9:00	Open Gym 7:00-9:30	Drop-in Adult Basketball 7:00-9:00	Open Gym 7:00-9:30					
7:30pm										
8:00pm										
8:30pm										
9:00pm										
9:30pm				Open Gym						



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)